

Having regular mammograms after your breast cancer

Breast Imaging

Information for Patients

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Introduction

After your diagnosis of breast cancer you will need to have regular mammograms once a year for at least 5 years. This is known as **surveillance mammograms**.

Appointments for surveillance mammograms are sent every 12 months. If you are of the national screening age (aged 50 and above), some of your appointments will be arranged by the Leicestershire Breast Screening Programme as well as the Breast Care Centre. It is important that you attend all your appointments.

Do I need to do anything before I have my mammogram?

Please contact the Breast Care Centre before your appointment to let us know if you:

- have had a mammogram within the last 6 months.
- have a disability or any special needs.
- think you may be pregnant, or you are breastfeeding.

Further information

- This appointment is for a surveillance mammogram only, and this will be the only examination carried out at this appointment.
- The mammogram does not necessarily need to be done before you attend a clinic appointment which you may have coming up.
- Follow-up clinic appointments with your surgical or oncology consultant may continue for longer than the mammography surveillance period.

**Health information and support is available at www.nhs.uk
or call 111 for non-emergency medical advice**

Visit www.leicestershospitals.nhs.uk for maps and information about visiting Leicester's Hospitals
To give feedback about this information sheet, contact InformationForPatients@uhl-tr.nhs.uk

When will I get the result of a surveillance mammogram?

The results will be sent to you in writing by your consultant, usually within 6 weeks.

Sometimes a technical problem may mean that your mammogram is not clear enough to read. If this happens, you will receive an appointment for a repeat mammogram to be carried out, before a result is available.

If your mammogram result suggests a possible change in your breast tissue you will receive an appointment for further tests to be carried out at the Breast Care Centre at Glenfield Hospital.

Contact details

If you need to change your appointment please telephone the Breast Care Centre on **0116 258 3204** or **0116 258 3199** (Monday to Friday, 8am to 5pm).

If you have any questions about your results, please contact your consultant's secretary on their number below:

Mr Krupa:	0116 250 2532	Miss Kaushik:	0116 250 2491
Miss Valassiadou:	0116 250 2532	Mr Sasi:	0116 250 2491
Miss Kenny:	0116 258 3445 / 2532	Miss Lambert:	0116 250 2453
Mr Pilgrim:	0116 258 3445 / 2491		

What happens after the 5 year surveillance period?

If, at the end of your 5 year surveillance period, you are aged 50 or above you will be moved to the Leicestershire Breast Screening Service, to have a mammogram once every 3 years.

If you are under 50 at the end of the surveillance period, you will continue to be invited for a mammogram once every year until you are 50, when you will be moved to the Leicestershire Breast Screening Service.

Most women can expect to be called for routine breast screening between 1 and 3 years after their last surveillance mammogram.

اگر آپ کو یہ معلومات کسی اور زبان میں درکار ہیں، تو براہ کرم مندرجہ ذیل نمبر پر ٹیلی فون کریں۔
على هذه المعلومات بلغة أخرى، الرجاء الاتصال على رقم الهاتف الذي يظهر في الأسفل

જો તમને અન્ય ભાષામાં આ માહિતી જોઈતી હોય, તો નીચે આપેલ નંબર પર કૃપા કરી ટેલિફોન કરો

ਜੇ ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਕਸિ ਹੋਰ ਭਾਸ਼ਾ ਵਿਚ ਚਾਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਨੰਬਰ 'ਤੇ ਟੈਲੀਫੋਨ ਕਰੋ।

Aby uzyskać informacje w innym języku, proszę zadzwonić pod podany niżej numer telefonu

If you would like this information in another language or format such as EasyRead or Braille, please telephone 0116 250 2959 or email equality@uhl-tr.nhs.uk